

## 2012: Challenge or Opportunity?



Elaina asked about 2012: What do people need to know? What is the significance of this time...what are the greatest opportunities and challenges? Here is the response...

*Thank you for asking. We are the Spirit of QuietStar and we have a lot to say on this subject! First of all, we would remind everyone to breathe! There is such significance in the breath. In taking that pause to breathe, you are connecting with Source energy. Secondly we would say that our greatest advice is to be on your Soul Path, and hang around others who will support this. The significance of 2012 astrologically, culturally, and so on has been addressed by many others. We would instead like to speak of the personal, soul challenges and opportunities that it brings.*

*As it is simply a marker in time, it is like any other year. But as it is culturally infused with significance, it increases its intrinsic value. It is a powerful marker that signifies the change that is upon the earth, and more importantly upon the human race. This time leading up to the "turning point" brings with it a lot of support for being aligned with one's Soul Path. It also brings with it the culmination or the next level of transformation. A while back, the amount of love and light being beamed upon the beautiful planet earth was increased. It continues to increase now. This was foreseen by many in various cultures all over the earth, many, many years ago. Now it is coming to be. So here is the effect: those who are used to standing in the Light, are loving and embracing it. Those who benefit from others remaining in the darkness and/or are committed to the darkness themselves will begin to scramble to maintain the darkness; to hold back the Light. And, even in those loving the Light, whatever has been in the shadows will be illuminated. So it is a good idea to get with cleaning the skeletons out of the closets, sooner rather than later! Eventually all that is dark will be illuminated, and this will mean that nothing will escape scrutiny. This could be very painful, or by being pro-active could actually be a big relief! Now, imagine that you are a person benefiting from the oppression of others, or unfair business deals. You would be trying to cover your tracks with bigger and bigger lies, mis-information and the rest. If you a person who loves the light, you might find you don't like it as well when it is shining in your dark corners. So, to make best use of this time:*

- **Re-kindle your Heart's Desires:** dust off those old dreams you abandoned, find the heart you've hidden away. There will be many windows of opportunity to manifest what you've always dreamed of. Be sure you know what those dreams are so you can recognize the synchronicities and openings.
- **Practice the essence, the vibration of your Soul Path/Heart's Desire** until you know it really well, can call it up anytime and make it your primary vibration\*\*. Then the Universe will draw to you that which matches that desire.
- **Re-commit to living your Soul Path;** get support for doing so, and hang around with others who are doing the same. That way, when things get rough, you will have someone to help you make the shifts and transitions you have always dreamed of!
- **Commit to baby steps** that you can take each day that remind you who you really are. And do them!
- **Always look for the bigger perspective.** Ask yourself: what could I be trying to learn here???
- **Embrace transformation.** Practice surrender. Make love your dominant vibration. Replace control and fear with Love!!

*There is a great deal of transformational work being done now on a vibrational level that is outside the realm of the conscious mind. Your mind can't do this alone! We have created a CD and an essential oil blend that will assist you in attuning to the higher, constantly shifting vibrations, without even using your mind. Sometimes it's tiring to try to keep all your thoughts in line! With these two tools, you can relax into who you are trying to become.*

*We wish you deep love in your transformation. Thank you for all you are and all you do!*

*Love and Light, The Spirit of QuietStar through our channel, Elaina Geltner.*

